

NEW CANCELLATION POLICY

- 3 STRIKE RULE.

As classes become more popular in January, we have introduced new booking rules to ensure everybody gets contacted off the waiting list in the event of cancellations.

From the 8th January, if a member doesn't attend a class OR cancels a class with 2 hours or less before hand, three times in 21 days, there will be a weeks ban from classes.

Due high numbers and late cancellations, we are introducing this new policy to make it fair for all of our customers.

We are looking forward to the changes and we hope as a valued member you are too. We appreciate your support as we try and make the gym and classes a more rewarding experience for all our members.